

Urine Collection

When submitting a urine specimen, please follow these guidelines:

- Random urine specimens are generally used for qualitative analysis. They should be clean-catch, **early-morning** specimens in clean containers with tightly-fitting, leakproof lids.
- Twenty-four hour urine collections are required for quantitative analyses. Most tests require collection with a preservative which will be added to the container supplied by Saint Luke's Regional Medical Center. **BE SURE TO RECORD THE 24-HOUR URINE VOLUME ON THE TEST REQUEST FORM.** (Volume is required to calculate results.) If using a caustic or hazardous material in 24-hour urine collection, please inform patient, and label the container appropriately. Caustic or hazardous material may be required for specimen stability.
- Place specimen(s) in bag with requisition and refrigerate unless test requirements specify different handling conditions.