

## Patient Instructions for Stool Collection

Your provider has ordered tests that use special vials for collection. After collection, please deliver the vials to your provider's office or one of the below listed Laboratories as soon as possible. Please call the Laboratory if you have any questions. Multiple collections for the same test should be collected 24 hours apart.

## Write on EACH Vial

- 1. Complete Name (First and Last Name)
- 2. Date of Birth
- 3. Date and Time of Collection
- Select an area of the stool that is bloody, slimy, or watery.
- Collect the Empty Vial first to prevent contamination. Avoid mixing up the caps and vials. Using the scoop in the cap, add stool to the vial until the liquid reaches the <u>fill line</u> on the side of the bottle. Tighten the cap, shake firmly to mix. It is important that the stool not have urine or water. This will affect the results of the test.

\*\*\*Do not drink/eat the liquid that is in the vials. If drank/eaten by accident contact POISON CONTROL immediately 1-800-222-1222\*\*\*

Vial	Test		Room Temperature Re		efrigerated Frozen		
Pro-Park Chart Ville The Chart	Alpha-1-Antitrypsin		14 days		14 days		14 days
	Calprotectin				72 hours		7 days
	Clostridium difficile		24 hours		5 days		
	Electrolytes & Osmolality Panel		48 hours		7 days		14 days
	Fecal Fat, Qualitative				180 days		180 days
	Fecal Lactoferrin		2 weeks		14 days		
	Helicobacter pylori Antigen		96 hours		96 hours		14 days
	Occult Blood, Guaiac				24 hours		
	Pancreatic Elastase 1 (PE1)		72 hours		72 h	nours	28 days
			Freeze immediately **If additional tests are ordered, aliquot and separate sample prior to freezing				14 days
	Rotavirus				72 hours		
Vial	Test	Room Temperature	Vial	Test		Room To	emperature
Part And Call Part of State Call	Gastrointestinal (GI) Panel (Testing for bacteria, Parasites, and viruses in s tool using BioFire FilmArray)	4 Days	The Fable Enter of the second	Ova & Parasite, Expanded (Microscopic Examination for Ova/Parasites by request after GI Pane indicated by travel h		21 days	

## Return specimens to one of the locations below:

UnityPoint Health-St. Luke's Hospital

2720 Stone Park Blvd

Sioux City, IA 51104

Phone: 712-279-3184

**Sunnybrook Medical Plaza** 

5885 Sunnybrook Dr, Suite E-140

Sioux City, IA 51106

Phone: 712-266-2790

If there are any questions, you can call either laboratory at the provided numbers.